AEVA – ESCOLA PROFISSIONAL DE AVEIRO
Building their tomorrows, today! Sirocco.
In-Service Training
“Give your hand to Autist children”

Sandra Cardoso, 26 October 2011
With this session, we want to promote the development of children with Educational Special Needs, specially those suffering from Autism.
Technical skills of a child care taker:

Participate and cooperate in the execution of recreational and educational activities, as well as other activities that encourage socialization processes in educational establishments and in leisure activities;

Be able to ensure the child welfare and safety, physical and emotionally, at the level of individual and collective health;
Develop and encourage in the child the acquisition of habits of autonomy, independence and self-reliance;

Proceed with the screening of potential health problems and/or child development difficulties, as well as meet the special needs of the child.
Institutions require the use of three key skills: communication, socialization and imagination.

**PROBLEM**

Autist children reveal difficulties in these fundamental skills
This intervention is based on the following:

- Adapting methods and pedagogies;
- Development of adjusted activities;
- Training of personal and social skills;
- Creation and availability of suitable material adapted to the needs and leisure activities;
What is Autism?

- Autism is a disorder that affects a child's development in various aspects.

- It consists of a disorder in which a child or young person can not develop normal social relationships, by behaving in a compulsive and ritualistic way and usually does not develop normal intelligence.
Characteristics – Social Relations

- Avoids or keeps eye contact constantly;
- Preference for solitary activities;
- Has no idea of the needs of others;
- Deficit in the use of nonverbal behaviour;
- Lack of reciprocity.
Those who speak have the need to start or keep a conversation;

When they talk, they show deformity in timbre, intonation, rhythm and emphasis;

Repetition of words and phrases;

No games of make-believe.
Característicos – Behaviour, Interests and Activities

- Hand flapping, rocking and walking on tiptoe;
- Self-mutilation;
- Fascination with movement;
- Restricted interest on activities;
- Preoccupation with parts of objects.
Other Symptoms

- Hyper or hypo activity;
- Lack of concentration;
- Impulsivity;
- Auto and hetero aggression;
- Difficulty in interpreting sensorial impressions;
- Epilepsy
The activities undertaken were:

- **Observation of the** development and behavior of children;
- Preparation of a Christmas tree with various materials;
- Personalized information given to parents about the objectives and intervention of the Project and delivery of a written document;
- Preparation of the ‘Crown’, on 6th January (Twelfth Night);
- Realization of a ball game;
- Conducting a puzzle (with and without timing);
- Exploration of words to PECS (Picture Exchange Communication System);
- Filling in the Anamnesis with parents;
- Free Drawing;
- Exploration of a luminous ball-balloon;
- Construction of puppets for the Spring Play;
- Spring Day / Drama Day – Play "Spring in the countryside";
- Carnival - Preparation of a fantasy;
- Game of the Mirror - collective game;
- **Story telling and drawing of the same story**;
- Children's Book Day - Construction of a book (sequences);
- Easter Egg decoration;
- **Mother’s Day – Coloured Block**;
- Visualization of activities;
- Delivery of individual portfolios (images).
Thank you very much for your attention!

Aveiro, 26 October 2011