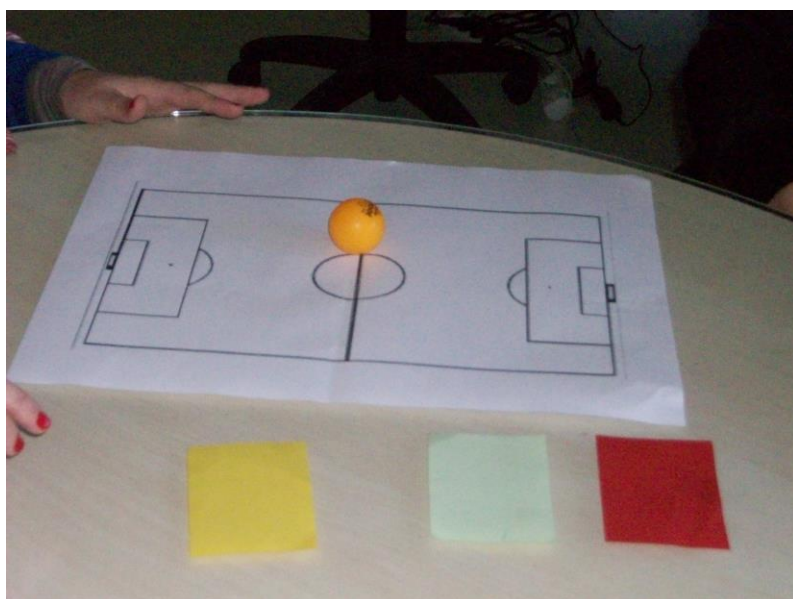


## Building their Tomorrows, Today! Sirocco! Comenius Project

<b>TITLE</b>	Blowing football
<b>NUMBER OF PARTICIPANTS</b>	It takes two participants, either two students or a student and a teacher.
<b>OBJECTIVES</b>	
<ul style="list-style-type: none"> <li>• To achieve an adequate inspiration.</li> <li>• To control the suction.</li> <li>• Increase the strength, quantity, and direction of the breath control</li> <li>• Interacting with others in the game.</li> </ul>	
<b>COMPETENCES</b>	<p>Blow with enough strength and direction to produce sounds.</p> <p>The student will practice teamwork skills.</p>
<b>MATERIAL NEEDED</b>	Board shaped football field, lightweight small ball so that students can move the colour cards, colours (red, green and yellow)
<b>DESCRIPTION</b>	Participants sit facing each other, putting their mouths close to the area of the goal. From this position, the ball must be guided into the other goal by preventing the ball getting off the board whilst not entering your own goal. We use the green card when a goal is scored or the ball is kicked from the danger area. The yellow when you put your mouth near the red ball and when you touch the ball with hand or mouth in order to enter it into the goal.
<b>NUMBER OF SESSIONS</b>	Dedicate 10 minutes, 3 days per week, until the objectives are achieved in order to pass to a more complex stage.

Board with the ball and colour cards



During the game.

